Teesside referral guide

NHS and Private Services we offer:

- Age-related macular degeneration (AMD)
- Cataract surgery
- All glaucoma conditions
- Medical retina (including diabetic retinopathy, macular oedema and retinal vein occlusion)
- Oculoplastic and lacrimal surgery
- YAG laser capsulotomy
- YAG laser peripheral iridotomy
- YAG SLT
- Vitreo-retinal surgery

Private only services we offer:

- General ophthalmology
- Valeda light therapy for dry age related macular oedema (AMD)

Locations

NHS cataract pre-op appointments can be held at Darlington or Middlesbrough but all surgical appointments are booked at Middlesbrough.

Middlesbrough: 29-30 Market Place, North Ormesby, Middlesbrough, TS3 6HR

Darlington: Park Place Health Centre, Park Place, Darlington, DL1 5LW

Advice and guidance

Our consultants are always available to assist with patient referrals and support any requests concerning your patients. For further information or assistance, please call us on **01642 087 614** or email **newmedica.teesside@nhs.net**

Exclusion criteria / services not currently offered

- Patients who require a general anaesthetic or who require intravenous sedation
- Unable to transfer independently without the need for aids e.g. hoists
- Accident and Emergency ophthalmology
- Any patient under the age of 18
- Any patient with a suspected or confirmed ophthalmic cancer diagnosis

How to refer

Please follow the pathway as specified in your local area to refer to us as outlined below. However, if you have any questions, please let us know, and we will be happy to help. Please note that all referrals for NHS oculoplastic and lacrimal surgery should go via the patient's GP or all areas listed below.

AMD referrals
Direct referrals under the two week rule please email **newmedica.teesside@nhs.net**

North Yorkshire
Cataract referrals via the GP, and onward to local referral management service. For all other referrals, optometrist via the GP.

Tees Valley
Via the local referral management and choice centre, TARS.

County Durham
Optometrist to Primary Eyecare Services or via GP.

Darlington
Optometrist referral via the GP.

Newcastle, Gateshead, North Tyneside, North Cumbria, Northumberland
Optometrist referral via the GP.

Sunderland or South Tyneside
Optometrist referral direct to Newmedica **newmedica.teesside@nhs.net**

Private Patients

Patients can self refer or please send referrals to us by email to **newmedica.teesside@nhs.net**

Please include referral form or letter and GOS form.

Contact details

For any general enquiries please contact us at:
Tel 01642 087 614
Email newmedica.teesside@nhs.net
Post 29-30 Market Place, North Ormesby, Middlesbrough, TS3 6HR

Newmedica
Eye Health Clinics | Surgical Centres